

Join us

UnitedHealthcare will be providing the jointly developed National Foster Parent Association/UnitedHealthcare training “Helping Kinship, Foster, and Adoptive Families Support the Health and Well-Being of Children in Their Care” during May for National Foster Care Month. This training will cover important topics, such as the jigsaw puzzle child to help families understand the impact of trauma on child development, and family mapping to help families better understand ways to adjust to having a child join their family and communicate their needs.



When and where

Trainings will be held via Zoom on these dates:

- **May 3, 2024**
12 p.m.-1 p.m. ET; 11 a.m.-12 p.m. CT; 10 a.m.-11 a.m. MT; 9 a.m.-10 a.m. PT
Zoom link: <https://us02web.zoom.us/j/3885669592?omn=87872503262>
- **May 6, 2024**
1:30 p.m.-2:30 p.m. ET; 12:30 p.m.-1:30 p.m. CT; 11:30 a.m.-12:30 p.m. MT; 10:30 a.m.-11:30 a.m. PT
Zoom link: <https://us02web.zoom.us/j/3885669592?omn=89133231648>
- **May 13, 2024**
12 p.m.-1 p.m. ET; 11 a.m.-12 p.m. CT; 10 a.m.-11 a.m. MT; 9 a.m.-10 a.m. PT
Zoom link: <https://us02web.zoom.us/j/3885669592?omn=88694053816>
- **May 31, 2024**
1:30 p.m.-2:30 p.m. ET; 12:30 p.m.-1:30 p.m. CT; 11:30 a.m.-12:30 p.m. MT; 10:30 a.m.-11:30 a.m. PT
Zoom link: <https://us02web.zoom.us/j/3885669592?omn=83982012433>



Presenters

Heidi Strickler, PhD, LCSW-S, CEDS-S, CART, CTLS.

Heidi is the National Director of Children, Adolescents, Foster Care, and Complex Populations for UnitedHealthcare. She is a former foster to adoptive parent whose future adoptive child was reunified at the termination of parental rights hearing. Heidi began working with foster children and youth with juvenile justice system involvement nearly 30 years ago as both a behavioral health provider specializing in complex trauma, including trafficking, and eating disorders and working within the child welfare system, providing supervision to all types of child welfare workers and engaging in family studies. She has served on committees in Missouri focusing on trauma-informed care for crossover youth, atypical self-injury, and interventions for maternal substance use and infants affected by neonatal abstinence syndrome. Heidi also serves on Missouri’s Eating Disorder Council.

Keith Mason, M.A.

Mr. Mason is the Vice President of Business Development for UnitedHealthcare. Keith is a foster and adoptive parent. In Indiana, he serves on the Indiana Youth Services Association Board, Health by Design Board, Governor’s Mobile Integrated Healthcare Advisory Committee, and Indiana SOFR Pediatric Suicide Subcommittee. Nationally, he serves on the National Foster Parent Association Board. Keith began working with foster children almost 20 years ago as a regular volunteer at the Indiana Guardian Home. Since that initial experience, Keith and his wife have fostered 15 children, including five in addition to their own three during the first year of the COVID-19 pandemic. In Dec. 2022, Samya found her forever home when she officially joined the Mason family.

